

JANUARY 2017 • Windsor Senior Center • 838-1250

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 Senior Center Closed 	3 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 1:00 Quilting 1:30 Bingo	4 9:00 Aerobics 11:15 Line Dancing 1:00 Poker & Mahjong	5 9:00 Zumba Gold 9:00 Walkers 9:30 Legal Counseling 10:20 Core & More 11:30 Singing Group	6 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	7
8	9 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users' Group	10 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 1:00 Quilting 1:30 Bingo	11 9:00 Aerobics 10:00 Pilates 11:15 Line Dancing 1:00 Poker & Mahjong 1:00 Matter of Balance	12 9:00 Zumba Gold 9:00 Walkers 10:20 Core & More 11:30 Singing Group	13 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	14
15	16 Senior Center Closed 	17 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support Group 1:00 Quilting 1:30 Bingo	18 9:00 Aerobics 10:00 Pilates 11:15 Line Dancing 1:00 Poker & Mahjong 1:00 Matter of Balance	19 9:00 Zumba Gold 9:00 Walkers 9:30 Legal Counseling 10:20 Core & More 11:30 Singing Group	20 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	21
22	23 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	24 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo	25 9:00 Aerobics 10:00 Pilates 11:15 Line Dancing 1:00 Poker & Mahjong 1:00 Matter of Balance	26 9:00 Zumba Gold 9:00 Walkers 10:20 Core & More 11:30 Singing Group	27 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	28
29	30 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 12:00 Meditation 1:00 Scrabble	31 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo	<p>Windsor Senior Citizen Advisory Commission Meeting TUESDAY, JANUARY 24 • 2:30 P.M. Town of Windsor Council Chambers 9291 Old Redwood Highway Everyone is welcome to attend!</p>		<p>OFFICE HOURS Monday through Thursday: 9:00a.m.-5:00p.m. Friday: 9:00a.m.-Noon</p>	