

APRIL 2017 • Windsor Senior Center • 838-1250

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2	3 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 12:30 TED Talks 1:00 Scrabble	4 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo 	5 9:00 Aerobics 10:00 Ping Pong 1:00 Poker & Mahjong 	6 9:00 Zumba Gold 9:00 Walkers 9:00 AARP Tax Aide 10:20 Core & More 11:30 Singing Group 1:00 Line Dancing 2:00 Legal Counseling	7 10:00 Sit & Fit 11:00 Strength Training 	1 8
9	10 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users' Group	11 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo	12 9:00 Aerobics 10:00 Ping Pong 1:00 Poker & Mahjong 2:00 Free Blood Pressure Clinic	13 9:00 Zumba Gold 9:00 Walkers 9:00 AARP Tax Aide 10:20 Core & More 11:30 Singing Group 1:00 Line Dancing	14 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training	15
16	17 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 	18 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support Group 11:00 Tai Chi 1:00 Quilting 1:30 Bingo	19 9:00 Aerobics 10:00 Ping Pong 1:00 Poker & Mahjong 	20 9:00 Zumba Gold 9:00 Walkers 10:20 Core & More 11:30 Singing Group 1:00 Line Dancing 2:00 Legal Counseling	21 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	22
23 30	24 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 12:00 Meditation Mon. 1:00 Scrabble 2:00 Computer Help	25 9:00 Walkers 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo	26 9:00 Aerobics 10:00 Ping Pong 1:00 Poker & Mahjong 	27 9:00 Zumba Gold 9:00 Walkers 10:20 Core & More 11:30 Singing Group 1:00 Line Dancing	28 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training	29



OFFICE HOURS
Monday through Thursday:
9:00a.m.-5:00p.m.
Friday: 9:00a.m.-Noon

SENIOR CITIZENS ADVISORY
 COMMISSION MEETING
 Tues., April 25, 2:30 p.m.
 at Town Hall
Everyone welcome to attend!

POOL OPENS
 MONDAY, MAY 1ST!

