

9231 Foxwood Drive
Windsor, CA 95492
(707) 838-1250

WINDSOR SENIOR CENTER NOVEMBER 2017

OFFICE HOURS
Monday through Thursday:
9:00am-5:00pm
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>CRAFTERS' NOOK Nov. 13 through Dec. 22</p>			<p>9:00 Aerobics 1:00 Ping Pong 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong</p>	<p>9:00 Walkers 9:00 Zumba Gold 9:30 Legal Counseling 10:20 Core & More 11:30 Singing Group 1:00 Tai Chi</p>	<p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training</p>  	
<p>5</p> 	<p>6</p> <p>9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 12:30 TED Talks 2:30 Mystery Book Club</p>	<p>7</p> <p>9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo</p> 	<p>8</p> <p>9:00 Aerobics 1:00 Ping Pong 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong</p> 	<p>9</p> <p>9:00 Walkers 9:00 Zumba Gold 10:20 Core & More 11:30 Singing Group</p>	<p>10</p> <p>SENIOR CENTER CLOSED IN OBSERVANCE OF VETERANS' DAY HOLIDAY</p> 	<p>11</p>
<p>12</p> 	<p>13</p> <p>9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users'</p>	<p>14</p> <p>9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo</p>	<p>15</p> <p>9:00 Aerobics 1:00 Ping Pong 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong</p> 	<p>16</p> <p>9:00 Walkers 9:00 Zumba Gold 9:30 Legal Counseling 11:30 Singing Group</p>	<p>17</p> <p>9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training</p> 	<p>18</p> <p>MOVEMBER</p> 
<p>19</p> 	<p>20</p> <p>9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble</p> 	<p>21</p> <p>9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support 11:00 Tai Chi 1:00 Quilting 1:30 Bingo</p> 	<p>22</p> <p>9:00 Aerobics 1:00 Ping Pong 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong</p>	<p>23</p> 	<p>24</p> <p>25</p> <p>Senior Center Closed for Thanksgiving Holiday</p>	
<p>26</p> 	<p>27</p> <p>9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help</p>	<p>28</p> <p>9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:00 Tai Chi 1:00 Quilting 1:30 Bingo</p> 	<p>29</p> <p>9:00 Aerobics 1:00 Ping Pong 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong</p>	<p>30</p> <p>9:00 Walkers 9:00 Zumba Gold 11:30 Singing Group 1:00 Create Your Cards</p>		