

9231 Foxwood Drive  
Windsor, CA 95492  
(707) 838-1250

# WINDSOR SENIOR CENTER April 2018

**OFFICE HOURS**  
Monday through Thursday:  
9:00am-5:00pm  
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
1 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 12:30 TED Talks 1:00 Scrabble 2:30 Mystery Book Club	2 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	3 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 12:30 Quilting 1:30 Bingo 	4 9:00 Aerobics 10:30 Zumba Gold Toning 1:00 Poker & Mahjong 1:00 Matter of Balance* 3:00 Seated Yoga & Qi Gong <small>* We're sorry, class is full.</small>	5 9:00 Walkers 9:00 AARP Tax Aide 9:00 Zumba Gold 11:30 Singing Group 1:00 Ping Pong 2:00 Legal Counseling	6 10:00 Sit & Fit 11:00 Strength Training  <b>MULTIMEDIA ART WILL RETURN AT 9:00am ON MAY 4TH.</b> 	7	
8 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	9 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	10 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 12:30 Quilting 1:30 Bingo	11 9:00 Aerobics 10:15 Zumba Gold Toning 1:00 Poker & Mahjong  	12 9:00 Walkers 9:00 AARP Tax Aide 9:00 Zumba Gold 11:30 Singing Group 1:00 Travel Presentation 4:00 Ping Pong	13 10:00 Sit & Fit 11:00 Strength Training  	14	
15 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble	16 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble  	17 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support 12:30 Quilting 1:30 Bingo 	18 9:00 Aerobics 10:15 Zumba Gold Toning 1:00 Poker & Mahjong 3:00 Seated Yoga & Qi Gong	19 9:00 Walkers 9:00 Zumba Gold 11:30 Singing Group 1:00 Ping Pong 2:00 Legal Counseling	20 10:00 Sit & Fit 11:00 Strength Training  	21	
22 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	23 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	24 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 12:30 Quilting 1:30 Bingo	25 9:00 Aerobics 10:15 Zumba Gold Toning 1:00 Poker & Mahjong  	26 9:00 Walkers 9:00 Zumba Gold 11:30 Singing Group 1:00 Ping Pong	27 10:00 Sit & Fit 11:00 Strength Training  CALENDAR UPDATED 4.10.2018	28	
29 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble	30 9:00 Zumba Gold 10:00 Support Group 10:45 Gentle Yoga 1:00 Scrabble	<b>SENIOR CITIZENS ADVISORY COMMISSION MEETING</b> <b>Tuesday, April 24, 2:30 p.m., at Town Hall</b> <i>Everyone welcome to attend!</i>				 <b>POOL OPENS TUES, MAY 1!</b>	