



# Montessori in Motion

9291 Old Redwood Hwy., Bldg 200, Windsor

## Classroom Curriculum Areas:

**Practical Life:** These exercises give children the opportunity to refine their fine motor skills, eye-hand coordination, hand strength, balance, concentration and the independence and ability to do things for themselves. These skills will serve them all their lives. Some practical life activities include pouring, scooping, lacing, tweezing, food preparation and serving.

**Sensorial:** Sensorial materials are designed to help children learn about qualities like color, shape, size, length, texture and sound. By utilizing their senses and exploring and manipulating these materials, children are able to experience and have a better understanding of their environment.

**Language:** Language encompasses all curriculum areas in the Montessori classroom. Children begin by being introduced to the names of things, and sounds and letters, which guides them along to beginning reading. Tracing tactile letters leads to writing. A variety of writing tools are out for the children to practice. They can use chalk, dry erase markers, pencils and pens.

**Math:** Concrete materials are used to introduce mathematical concepts. They learn that a number represents an amount. They manipulate objects to see the process of addition and subtraction. These exercises cater to children's developing sense of order, sequence, one-to-one correspondence and directionality.

**Science & Nature:** The science and nature curriculum is designed not only to help children discover facts, but to honor the sense of wonder they have about the work. The children are introduced to many topics and learn about seasons, weather, plants, animals, landforms and waterways. They go on nature walks and discover the world around them.

**Cultural:** The cultural element in the classroom is very important, it teaches the children about earth, the continents and countries. They learn about people around the world and their cultures. The children get an understanding of what a community is and how it spreads out to global diversity.

**Art:** In the classroom, the children use an ever-changing selection of art and creative activities to explore and create. They can choose from different kinds of art materials: colored pencils, markers, pastels, paint, crayons, collage pieces, hole punching and playdough. The art experiences are about their process not the product.

**Spanish:** The children learn basic vocabulary skills in Spanish during class time. They also learn about colors, shapes, counting, the Spanish alphabet, animals, household items and information related to the curriculum themes during the designated Spanish lesson time. Dancing, games and songs are also a part of this enriching cultural component.

**Cooking & Nutrition:** Once a month, the children prepare their lunch by using fresh and organic ingredients. They learn where their food comes from and enhance their fine motor skills by cutting, grating, slicing, mashing, mixing and stirring. They feel a sense of pride and accomplishment when they've made their own meal and are eager to try new foods.

**Grace & Courtesy:** In our classroom, children and adults take care to be gracious and courteous toward one another. This curriculum encourages respect for oneself, for each other, and the environment. Carrying things carefully, returning them to their place so others may use them, moving gracefully and carefully, using polite and respectful language, showing care and consideration to others, using good table manners and interrupting politely are lessons in grace and courtesy.

**Peace Education:** Peacemaking and appropriate conflict resolution are a daily part of the Montessori classroom. Utilizing the peace table, the child learn to be good listeners and how to express themselves effectively. They can also use this table to enjoy a peaceful moment alone.