



# WINDSOR SENIOR RECREATION CENTER DECEMBER 2019



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<b>1</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club	<b>2</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo 	<b>3</b> 9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	<b>4</b> 9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Legal Counseling 	<b>5</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	<b>6</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club	<b>7</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo
<b>8</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users' Group	<b>9</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo 	<b>10</b> 9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	<b>11</b> 9:00 Zumba Gold 10:30 Pilates 4:30 Holiday Dinner 	<b>12</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 12:30 Myeloma Stompers 	<b>13</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	<b>14</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo
<b>15</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 	<b>16</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 10:30 Caregivers Support 11:15 Tai Chi 12:30 Quilting 1:30 Bingo	<b>17</b> 9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	<b>18</b> 9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Legal Counseling	<b>19</b> 9:00 Multimedia Art 10:00 Sit & Fit 11:00 Strength Training 	<b>20</b> 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	<b>21</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Senior Center and Town of Windsor Offices Closed December 23 through December 29.</b>						
<b>29</b> 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	<b>30</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo	<b>31</b> 9:00 Strength Training 9:00 SIR Coffee Group 9:00 Walkers 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo		<b>OFFICE HOURS</b> Monday through Thursday: 9:00am-5:00pm	<b>9231 Foxwood Drive</b> Windsor, CA 95492 (707) 838-1250	