

9231 Foxwood Drive
Windsor, CA 95492
(707) 838-1250

WINDSOR SENIOR RECREATION CENTER January 2020

OFFICE HOURS
Monday through Thursday:
9:00am-5:00pm
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			CENTER CLOSED FOR HOLIDAY	9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Legal Counseling	9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	
5	9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club	9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Texas Hold'em Poker	9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 12:30 Myeloma Stompers	
12	9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers Support 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 1:00 AARP Safe Driving	9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:00 AARP Safe Driving 1:30 Legal Counseling 	9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	
19	CENTER CLOSED FOR HOLIDAY 	9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo	9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Texas Hold'em Poker	9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	
26	9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:00 Drop-In Computer Help	9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	9:00 Aerobics 11:30 Line Dancing 1:00 Rummikub & Mahjong 	9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 	9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training	  