













9231 Foxwood Drive
Windsor, CA 95492
(707) 838-1250

WINDSOR SENIOR RECREATION CENTER March 2020

OFFICE HOURS
Monday through Thursday:
9:00am-5:00pm
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:30 Mystery Book Club	3 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	4 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 	5 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Legal Counseling	6 9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	7
8	9 9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	10 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	11 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 2:00 Spelling Bee 	12 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Texas Hold'em Poker	13 9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 12:30 Myeloma Stompers	14
15	16 9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 	17 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	18 9:00 Aerobics 10:00 iPad-Even More 11:30 Line Dancing 1:00 Rummikub & Mahjong 4:00 Singing Bowl Meditation	19 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Legal Counseling	20 9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	21
22	23 9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	24 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo	25 9:00 Aerobics 10:00 iPad-Even More 11:30 Line Dancing 1:00 Rummikub & Mahjong 2:00 Medicare Seminar	26 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Texas Hold'em Poker 	27 9:00 Multimedia Art 9:45 Sit & Fit 11:00 Strength Training 	28
29	30 9:00 Zumba Gold 9:00 Walkers 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	31 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 1:00 Quilting 1:30 Bingo 	 <h2>Senior Spelling Bee</h2> <p>Wednesday, March 11</p>			