

9231 Foxwood Drive
Windsor, CA 95492
(707) 838-1250

WINDSOR SENIOR RECREATION CENTER April 2020

OFFICE HOURS
Monday through Thursday:
9:00am-5:00pm
Friday: 9:00am-Noon

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			1 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 	2 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Legal Counseling 	3 9:00 Multimedia Art 9:00 Walkers 10:00 Sit & Fit 11:00 Strength Training 	4
5 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	6 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 1:00 Computer Users	7 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo 	8 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 2:00 Hydration Seminar	9 9:00 Zumba Gold 9:00 AARP Tax Aide 10:30 Pilates 1:00 Ping Pong 2:00 Texas Hold'Em Poker	10 9:00 Multimedia Art 9:00 Walkers 10:00 Sit & Fit 11:00 Strength Training 12:30 Myeloma Stompers	11
12 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 	13 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 	14 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 11:15 Tai Chi 12:30 Quilting 1:30 Bingo 	15 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong	16 9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Legal Counseling 	17 9:00 Multimedia Art 9:00 Walkers 10:00 Sit & Fit 11:00 Strength Training	18
19 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	20 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble 2:00 Computer Help	21 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 10:30 Caregivers' Support 11:15 Tai Chi 12:30 Quilting 1:30 Bingo 	22 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 	23 9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong 1:30 Texas Hold'Em Poker	24 9:00 Multimedia Art 9:00 Walkers 10:00 Sit & Fit 11:00 Strength Training 	25
26 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	27 9:00 Walkers 9:00 Zumba Gold 10:00 Women's Circle 10:45 Gentle Yoga 1:00 Scrabble	28 9:00 Walkers 9:00 SIR Coffee Group 9:00 Strength Training 10:00 Sit & Fit 12:30 Quilting 1:30 Bingo	29 9:00 Aerobics 11:00 Rummikub 11:30 Line Dancing 1:00 Mahjong 1:00 AARP Safe Driving Renewal	30 9:00 Zumba Gold 10:30 Pilates 1:00 Ping Pong		