

**RESOLUTION NO. 2447-09**

**A RESOLUTION OF THE TOWN COUNCIL  
OF THE TOWN OF WINDSOR ENDORSING THE GOALS OF  
HEALTH ACTION AND SUPPORTING COMMUNITY WALKING**

**WHEREAS**, the Town of Windsor is concerned about the health and well-being of its residents and seeks to create a healthy, sustainable, and livable community; and

**WHEREAS**, Health Action, a council of community leaders whose mission is to improve health and health care in Sonoma County, is a key partner in improving the health of the community; and

**WHEREAS**, Health Action's 2020 Vision for Sonoma County: Action Plan (2009-2012) recommends local action to increase consumption of healthy food, increase physical activity, and connect all residents with prevention-focused primary health care; and

**WHEREAS**, regular walking is a simple effective way to improve the health of town residents of all ages; and

**WHEREAS**, local governments greatly influence the walkability of communities through key powers over planning, land use, transportation, economic and community development, parks and recreation and other community services; and

**NOW, THEREFORE, BE IT RESOLVED** that the Town of Windsor commits to actively support Health Action's 2020 Vision and action agenda, and as a partner pledges to:

- Support the Health Action's countywide iWalk Sonoma initiative and local iWalk activities within the Town of Windsor, and use town communications media to promote walking as a vital health-promoting activity.
- Enlist Town Council and Parks and Recreation Commissioners to personally become local "Action Heroes" and engage participation of Windsor residents by becoming walk leaders and visible community walking champions.
- Support Town recreation programs, parks, trails and open spaces that encourage community walking and physical activity.
- Take steps to improve the walkability of the town by assessing community infrastructure and identifying priority areas where improvements are needed to support safe walking, biking and other physical activity and to reduce dependence on cars.
- Support alternative/public transportation policies and programs that encourage walking and biking to work and school, such as Safe Routes to School programs.

**AND FURTHER MAY IT BE RESOLVED** that the Town of Windsor actively participate in the official launch of the iWalk Sonoma campaign on May 16, 2009, as we work together to make Sonoma County the healthiest county in the State of California.

**PASSED, APPROVED AND ADOPTED** this 18th day of March 2009, by the following vote:

**AYES:** COUNCILMEMBERS ALLEN, FUDGE, SALMON, SCHOLAR AND  
MAYOR GOBLE

**NOES:** NONE

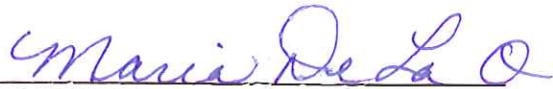
**ABSTAIN:** NONE

**ABSENT:** NONE



**ROBIN R. GOBLE, MAYOR**

**ATTEST:**



**MARIA DE LA O, TOWN CLERK**